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CCCEP National Forum on Continuing Pharmacy Education

Program Planning for Distance Education – Experience with a National Emergency Contraceptive CE Program

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CPhA's Online Emergency Contraception Training Program

online learning centre

Welcome to the Online Learning Centre. This site is offered as a continuing education resource by the Canadian Pharmacists Association.

CE Lessons
Our featured program:
Emergency Contraception Training Program

PREVIEW LESSON

Resource Library
This Resource Library is designed to help you apply clinical knowledge. It is a collection of all the PDF documents and links found throughout the lesson.

Learning Portfolio
Document and keep track of the modules you complete, the CEUs you accumulate, and your learning objectives.

Newsletter
Sign up to receive educational cases.

Bulletin Board
Communicate with other pharmacists

Online Learning Centre Login

email address:

password:

[forgot password](#) [GO](#)

Register for the Online Learning Centre

CPhA Member: \$20 plus GST
Non-CPhA Member: \$40 plus GST

If you are not a registered user of the OLLC and are a CPhA member, please [log in](#) to the CPhA site.

If you are not a registered user of the OLLC and are not a CPhA member, please [register](#).

Go to www.pharmacists.ca to register or to preview the program.

Introduction to EC Course (from website)

Welcome to the online Emergency Contraception (EC) Training Course developed by the Canadian Pharmacists Association (CPhA)!

This course was supported by a grant from the [Society of Obstetricians and Gynaecologists of Canada](#) (SOGC) Contraception Awareness Program. The online learning centre platform and technical advice was provided by [Virtual Learning Inc.](#)

The course consists of five modules, four video cases, and a post-test. Each module contains:

- a narrated overview of the lesson using animated slides
- mini-quizzes throughout the lesson to test your knowledge
- clinical tips from experts on emergency contraception
- tools that are pertinent to the lesson content.

The tools and clinical tips included in this program make it unique — they not only give pharmacists the knowledge needed to provide emergency contraception, but they also offer a means to help them in establishing this expanded primary care service at their place of practice.

These tools include:

- CPhA Guidelines for the Provision of Emergency Contraception: gives direction to Canadian pharmacists supplying emergency contraception as a Schedule II, behind-the-counter product.
- CPhA Patient Screening Tool: helps in assessing and documenting interactions with a woman seeking emergency contraception.
- CPhA Patient Counseling Checklist: provides scripted information for pharmacists who would like to use this tool when counseling women about emergency contraception.
- CPhA Emergency Contraception Action Plan for Pharmacies: provides detailed steps about how to prepare a pharmacy to help women in need of emergency contraception.
- CPhA Workflow Sheet for Emergency Contraception: provides a step-by-step overview of the process involved in providing care to a woman seeking emergency contraception.
- CPhA Patient Information Pamphlet: contains details about side effects, drug interactions, and the risk of pregnancy as well as instructions on how to use emergency contraception; it's in plain language at a grade 6 reading level.
- Clinical Information: electronic copies of chapters on contraception and sexually transmitted diseases from *Therapeutic Choices* (4th Edition) and *Patient Self-Care* publications from CPhA.

This course has been approved for 3.0 CEU's by the Canadian Council on Continuing Education in Pharmacy (CCCEP). According to [CCCEP guidelines](#), participants have two attempts to achieve a score of 70% on the post-test questions. Successful participants will receive a certificate via e-mail documenting their completion of the course. While not required, participants are encouraged to use the online feedback form to provide comments and suggestions about the course.

The online learning centre has many features to make it easy for pharmacists to work through the EC Training Course. You can print the entire lesson content at any time to make notes or to follow along with the narration and video. Use the navigation buttons to the left of the screen to move through the lessons, watch the cases and narrated overviews, print lessons, or start the post-test. If you have to stop the course, the online learning centre will bookmark (remember) the section of the lesson where you left off.

Please note that at the time of course production, the only product in Canada specifically indicated and marketed for emergency contraception was Plan B (levonorgestrel 0.75 mg). This product is referred to using its trade name, generic name, and strength. This is done to avoid confusion with other products containing the same active ingredient that are not indicated for emergency contraception. This is by no means an endorsement of this product over any other product indicated for emergency contraception that may come on the Canadian market after the production of this continuing education program.

Please [click here](#) for up-to-date information on the federal and provincial scheduling status of Plan B (levonorgestrel 0.75 mg) and provincial specifics on the pharmacist's provision of emergency contraception.

Learning Goals for CPhA's Online Emergency Contraception Training Program

Upon successful completion of this program the pharmacist should:

1. understand and be able to explain the risk of pregnancy resulting from unprotected intercourse or contraceptive failure
2. understand the problem of abortion and unintended pregnancy in Canada, as well as the role of EC in preventing unintended pregnancies and abortions
3. understand the barriers to the effective use of EC and the role of the pharmacist in improving access and outcomes for women seeking EC
4. understand and to be able to explain the mechanism of action of Plan B (levonorgestrel 0.75 mg) and how it differs from the mechanism of action of abortifacients
5. understand and to be able to explain the relationship between the timing of the first dose and the efficacy of Plan B (levonorgestrel 0.75 mg) as well as the differences in efficacy between Plan B (levonorgestrel 0.75 mg) and other methods of EC
6. be able to list and explain potential drug interactions and contraindications for Plan B (levonorgestrel 0.75 mg) and to advise patients with contraindications or potential drug interactions accordingly
7. be able to list the potential adverse effects of Plan B (levonorgestrel 0.75 mg) and to advise patients on how to manage potential adverse effects
8. be able to conduct an appropriate patient interview and provide appropriate counselling to patients seeking Plan B (levonorgestrel 0.75 mg) through the use or adaptation of tools provided in this training program
9. be able to prepare a pharmacy to provide Plan B (levonorgestrel 0.75 mg) as a Schedule II product, including implementing any necessary physical changes, creating referral networks, and providing appropriate instruction to any non-licensed staff
10. be prepared to handle any potential moral and ethical issues that could arise in the provision of Plan B (levonorgestrel 0.75 mg) as a Schedule II product
11. be able to initiate a discussion regarding sexually-transmitted infections (STIs), sexual assault, and regular methods of ongoing contraception with patients seeking EC.