

Regina Association  
of Middle Eastern Dance



**SUMMER 2006**

IN THIS ISSUE... 

Show and Event Reviews

Summer Class Schedules

Renew Your Membership

And much much more.....!

**RAMED Annual General Meeting**

**October 15<sup>th</sup> , 2006 at 10 am**



**Tentative location: Pasqua Rec. Centre**

**(The location will be confirmed by email and in the next newsletter)**

We will be discussing issues relevant to all members: such as  
the 2007 Arabian Fantasy show and workshop details.

Come out and tell us what's important to you. Make your opinion count.

Please note that you must have a current membership in order to vote.

Refreshments will be served

**Your RAMED Board of Directors**

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Barb Bell  
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[www.ramed.org](http://www.ramed.org)

[ramed\\_ca@yahoo.ca](mailto:ramed_ca@yahoo.ca)

Box 681, Regina, SK S4P 3A3 (306) 352-5042

## Congratulations to Rose Brewster, RAMED's 2005 "Volunteer of the Year"

Rose has always been a willing volunteer at RAMED events, ready to lend a helping hand to organize behind the scenes, preparing food, dealing with the media, taking care of details, helping to set up, decorate and tear down. The RAMED board would like to show our appreciation of Rose's dedication and hard work in supporting our dance community by honouring her as Volunteer of the Year for 2005. Thank you Rose for all your efforts!

*Barb Bell presents  
Rose Brewster with  
RAMED's Volunteer  
of the Year Award at  
the 2006 Arabian  
Fantasy Show.*



## Upcoming Events

SEE OUR WEBSITE FOR FULL EVENT DETAILS: [www.ramed.org](http://www.ramed.org)

### Sweet September Oasis

September 30<sup>th</sup>, 2006 7 pm at the Exchange

Zarifah Dance Troupe presents Sweet September Oasis. Come join us for an evening of delectable desserts and bellydancing! Satisfy your sweet tooth and your love of dance!

### RAMED Annual General Meeting

October 15<sup>th</sup> 2006 at 10 am

Tentative location: Pasqua Rec. Centre ( this will be confirmed by email and in the next newsletter)

Please come out to discuss important issues and make your opinion count. Please note that you must have a current membership in order to vote.

### Around the Spice World in 80 Minutes

Presented by Zarifah Dance Troupe Artistic Direction by Aschera Rose

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# Arabian Fantasy 2006

Review by Tammy Austman



RAMED has pulled it off again this year producing a show with an array of talent from Regina and surrounding area. The show was held at the Riddel Theatre at the U of R and what a great venue for dancers and audience members alike. Every seat in the house gives a spectacular view.

The show featured a variety of pieces from Gypsy to Tribal, traditional to modern. The evening began with a fantastic performance by Farasha. These dancers chose an upbeat colorful fun Turkish pop piece to dazzle the audience with.

Darla and Brett, this dynamic orange duo gave a very hip performance featuring a combination of hiphop and bellydance stylings. They truly had a wonderful time doing this together and it showed in their expressions both to each other and to the audience.

Patti Dekowny from Swift Current was next. This dancer had an excellent choice of cabaret music for her exquisite zilling!

Al Wasee performed a vibrant, lively Indian pop fusion. This is a piece most enjoyable to watch as they never stop moving!

Tracy Bucko is truly an inspiration to all mothers and dancers. She chose a fast paced lively piece that seemed to celebrate a dancer's life as well as the one created within her. That baby's going to be a rockin!

Sisters of the New Moon presented an interesting piece that blended Spanish flair with Tribal style. It displayed both sensuality and cheerfulness.

Mesmera, the featured performer from California, rounded out the first half of the show with her gypsy passion and flair. I am sure all of the dancers who attended her workshop earlier in the day were concentrating on her various moves and passion for dance, that had been taught that day.

The second half of the show rounded the show out nicely. From classial to modern once again, each dancer or group wowed the crowd!

Azura opened up this half with her polished, rich and sophisticated double veil. Dancers that do practice with veil know full well how hard it is to make one veil behave, let alone two of them! What started as a calming piece ended with her fantastic undulations and combinations.

**Continued on Page 13.....**

## Fundamental Skills in Oriental Dance: the Mesmera Workshop in Regina

Barbara Tomporowski  
June 13, 2006 - Copyright Barbara Tomporowski



During the 2006 workshop hosted by the Regina Association of Middle Eastern Dance, Mesmera from Los Angeles taught three classes covering fundamental skills for belly dancers: isolations, layering, using the space around the body.

The workshop began with a class called “Impressive Isolations”. Mesmera explained that the key to having good isolations is “to isolate just that one exquisite move...[while] everything else is still.” She combined body waves, box steps and pelvic rotations with isolations so the combinations were challenging for dancers of all levels. One combination involved a box step that started on the right foot, followed by a pelvic drop, a chest drop, and a chest lift while standing in place, before repeating the box step starting on the left foot. Another combination began slowly, but became more difficult as Mesmera increased its speed and doubled the following movements:

- Count 1 - Twist the right hip forward.
- Count 2 – Pelvic drop.
- Count 3 – Twist the left hip forward.
- Count 4 – Shoulder push with the right shoulder.
- Count 5 – Chest lift.
- Count 6 – Shoulder push with the left shoulder.

The second class was called “Luscious Layering”. Mesmera led a sequence of drills in which combinations with shimmies alternated with combinations that did not feature shimmies. For example, the workshop participants performed a chest undulation without shoulder shimmies, and then a chest undulation with shoulder shimmies; or traveling downward hip locks (the Soheir Zaki step) and then hip locks with a small shoulder shimmy. This drill counteracts the tendency to shimmy every part of the body simultaneously (and uncontrollably).

Mesmera taught combinations featuring hip movements with strong hand and arm poses, which is a characteristic of her style in videos such as *Hollywood Babylon* by the International Academy of Middle Eastern Dance. Workshop participants maintained a hip shimmy while extending the right hand forward in front of the chest, and then doing the same with the left hand. Then they extended the right hand to the right side, followed by the left hand to the left side. This sequence of moving first the right hand and then the left continued as they reached up high, and then reached down to hip level, gently pressing each hand into place.

Another combination involved maintaining double hip pushes to the right and left while bending the arm at the elbow as if it were a hinge:

- Count 1 – Extend the right elbow to the side with the arm bent at the elbow so that the fingers on the right hand point toward the chest.
- Count 2 - Straighten the elbow so the right hand extends out to the right side.
- Count 3 – Extend the left elbow to the side with the arm bent at the elbow so that the fingers on the left hand point toward the chest.
- Count 4 – Straighten the elbow so the left hand extends out to the left side.
- Count 5 – Bend the right elbow to bring the right hand in to the center of the chest.
- Count 6 – Bend the left elbow to bring the left hand in to the center of the chest.

CONTINUED ON PAGE 13.....



## RECIPE CORNER

### Chickpea and Olive Appetizer

*Serves 4 to 6.*

1 cup dried chickpeas, washed and soaked overnight in 8 cups water  
1/2 cup black olives, chopped  
1/4 cup scallions, finely chopped  
2 tablespoons finely chopped fresh coriander leaves (cilantro)  
1 clove garlic, crushed  
salt to taste  
1/2 teaspoon paprika  
1/8 teaspoon chili powder  
1 tablespoon olive oil  
2 tablespoons lemon juice

Place the chickpeas with their water in a saucepan, and bring to a boil, then cook over medium heat for about 2-1/2 hours, or until the chickpeas are tender. Drain; then place the chickpeas in a salad bowl and allow to cool. (Or, substitute half a 19 oz. can of chickpeas, drained.) Add the remaining ingredients and mix thoroughly. Serve immediately.

*From "From the Lands of Figs and Olives" by Habeeb Salloum and James Peters*

## Shimmy & Sizzle 2006

By John Gardner

Aschera Rose's 2006 SHIMMY & SIZZLE was on May 27<sup>th</sup>, and was huge fun.

Major highlights were Al Wasee's Indian fusion piece, Linda's shedding of both her glasses and inhibitions, and Aschera Rose's closing number, a newly created Egyptian stage performance in the classical form.

The Sahara Sirens did an energetic excellent number. This was this group's first appearance; we can look for great things from them in the future.

Zarifah offered their usual professional work in their group piece, and also in their solo and group numbers.

Out-of-Regina dancers were well represented. From Moose Jaw came Aschera Rose's Asma Azhar with 2 numbers, and 2 soloists, Amy and Surayyah. From Weyburn came Charlotte's group Corazon with a fun-filled pop piece.

Special cheers were given to Sakinah Folkloric Troupe's two numbers, especially their Sword piece with its stunning choreography.

The energy and polish of the 8 – 12- year-old members of Kamilah Jawahi also received tremendous well-deserved applause.

Linda brought her 4 Tribal Groups, mingled into a fine expression of community, and who were very well received.

The crowd was in a jovial mood, and certainly seemed pleased by the high quality of their dance evening.



# Costuming Corner



By Fadiyah (Daphne Budding) of Fadiyah's Designs

I am often asked, "How much material do I need for this outfit?" Sadly, my answer is almost always "It depends" So I thought I would put together some key items to help you when you are buying fabric for skirts and harem pants.

In the fabric world, the amount of material needed for a garment is generally referred to as yardage. There are some industry standards that you need to know.

Fabric for clothing generally comes in three standard widths.

- ❖ 36 inches (90 cm)
- ❖ 45 inches (115 cm)
- ❖ 60 inches (150 cm)

True, these conversions are not exact. Fabric with a 36" width is quite rare. That is a good thing because it is very narrow and difficult to use. For the purpose of this article, I am addressing 115 and 150 cm widths.

Before starting, let's talk a bit about body measurements that matter. Remember your inseam is the measure used for buying pants or jeans. This measurement is from the crotch along the inside of the leg to the ankle bone. My inseam for example is 28 inches. An outside seam, which is the important measurement for a skirt, is the point where the top of the skirt will sit along the outside of the leg to the ankle bone. My out-seam is 34 inches.

The next measurement that matters is the waist circumference. Now in the bellydance world, when we talk about waist we mean below our true waist. Regardless of where that spot is, we need to take this measurement.

The hip measurement is next. When I say hip, I simply mean the widest part through between your waist and knee. This measurement is very important for straight, narrow skirts. Finally, the measurement from your waist (or what we are referring to as waist) to hip along the side of your body must be taken.

Measurements are important. Since none of us are created equally, don't assume that just because you and Jane are the same height, you can use the same skirt length measurements.

Okay, back to fabric requirements. Here are some basic lengths. A circle skirt needs 4 meters of either 115 or 150 cm width fabric. If you have really long legs, keep in mind that 115 cm gives about 100 cm (39 inches) of finished length. If your measurement is greater than 100 cm then you should purchase 150 cm fabric for skirts. Remember, the 100 cm must include waistband and hem. The finished product will be 10 to 15 cm less.

For each half skirt more that you wish to include in your skirt, add an additional 2 meters. So a circle and a half needs 6 meters and a double circle needs 8.

The rule of thumb for straight skirts is this. Consider the length you want the skirt to be. This is probably the out-seam measurement. Once you have that measurement, add 6 inches. This will allow you to create a waistband casing and hem. When measuring for a straight skirt, the critical measurement when determining how much fabric you need is the hip measurement. If this measurement is greater than 106 cm (42") you will need to purchase 150 cm width fabric or double the length of 115 cm.

For example, although I need 86 cm in length, my widest point is 112 cm. So when I buy fabric, I must buy double my length. My length is 86 cm plus 15 cm for a total of 101 cm. Since I need double my length, I need 202 cm or 2.2 meters.

On a final note, remember for elastic waistbands use non-rolling elastic. This elastic keeps your waistband from bunching up because the elastic can't fold in half. If you aren't sure which elastic type is non-rolling, ask a salesperson. They will be able to help you. The amount of elastic you need is your waist circumference less 2.5 cm. This will allow for overlap to sew the elastic ends together. The skirt will then fit snugly without sliding away on you.

Have a great summer!

**THANKS FOR COMING OUT TO DANCE  
AT COMMUNITY EVENTS!!!!**

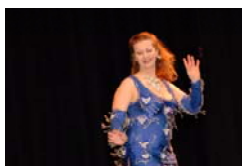
RAMED would like to extend a special thanks to the groups and soloists who came out and represented RAMED at various recent events in the community.

RAMED was well represented at the *Normanview Community Days* on May 6<sup>th</sup>. Thanks to Farasha, Exalta, Rhythm Chicks and Tracy & Amy who came out to perform!

Thanks as well to the folks that came out to dance at the *Sweetheart Run*, held at the University of Regina on May 13<sup>th</sup>. Much appreciation to Farasha, Exalta, Tracy & Amy, and Barbara.

Finally many thanks to Farasha and Tracy who danced at the "sneak preview" for the **Cathedral Arts festival** and to Farasha, Exalta, Tracy's group, Zarifah, and Barbara who danced at the Kick-off Picnic to the **Cathedral Arts Festival** on May 22<sup>nd</sup>. A great time was had by all!

We sincerely appreciate the effort and time commitment of all of our members who show up to perform at community events. These events are an important way to introduce the community at large to quality Middle Eastern dancing. These events also represent excellent opportunities for our members to perform throughout the year.



***Best Wishes to Tracy Bucko!***

RAMED would like to send very best wishes to Tracy Bucko as she leaves us for Alberta.

Tracy has been a RAMED board member and volunteer since our inception.

We also wish Tracy the very best upon the arrival of her baby!

We truly appreciate all her efforts and hard work and will miss her dearly!

**RAMED Membership Renewal**

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\_\_\_ **Enhanced Membership** \$40/year full membership privileges including the right to vote, 1/4 page listing/newsletter, one RAMED website page, and use of non-profit organization number for booking venues.

\_\_\_ **Basic Membership** \$20/year full membership privileges including the right to vote and performance opportunities.

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\_\_\_ voicemail, \_\_\_ e-mail, \_\_\_ both.

\_\_\_ Check if you would like to receive the quarterly newsletter by e-mail

\_\_\_ Check if you require a receipt

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**Pilates/Yoga/Weights/Ball:** Wednesdays starting Aug 2 - 5:45 - 7 pm - \$70/7wks

**Raks Sharki Style:** Wednesdays starting Aug 2 - 7:15 - 9:15 pm - \$112/7wks

**Hula Dance:** Thursdays starting Aug 3 - 5:45 - 6:45 pm - \$48 / 6wks

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# Jeanne

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## LINDA'S CLASSES

### *Tribal Style Basics*

Tues. Sept. 19, 6:30 - 7:30 pm \$85/12  
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### *Tribal II*

Thurs. Sept. 21, 7:45 - 8:45 pm \$85/12  
weeks

### *Cabaret Style*

Wed. Sept. 20, 6:00 - 7:00 pm \$85/12  
weeks

### *Advanced Cabaret*

Mon. Sept. 18, 7:45 - 9:15 pm \$100/10  
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Ads should be emailed in the size and format  
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on class times and  
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## RAMED Library News



### SPECIAL THANKS TO DARLA GOETTLER TRUDEAU

RAMED would like to extend a special thank you to our retiring librarian Darla Goettler Trudeau. Darla has been kind enough to devote her time to looking after the RAMED library for several years now and we sincerely appreciate all her efforts and hard work.

Thanks Darla on behalf of all RAMED members!



### WELCOME TO OUR NEW RAMED LIBRARIANS

**Samantha Leippi**  
35 McCusker Avenue  
(306)545-6717  
[sammage73@hotmail.com](mailto:sammage73@hotmail.com)

**Elisabeth Smith**  
3 Cowie Road  
(306)949-7907  
[easmith@accesscomm.ca](mailto:easmith@accesscomm.ca)

**Please contact either one of our new librarians to arrange a time to view our extensive lending library. Also all library items are listed on our website for your convenience and are available to all RAMED members in good standing.**

**[www.ramed.org](http://www.ramed.org)**

## Update from LaRonge- Bellydancing in the North

***This is Charlene Bosiak from La Ronge, SK. I was interviewed by Brett Bradshaw for the RAMED Newsletter well over a year ago about my experience teaching belly dancing in the North. I thought you might be interested in an update of my experiences since that time.***

Belly dancing here has finally reached the stage in La Ronge where it is no longer the "talk of the town". In fact, it has just become and accepted as part of the local fitness activities. Many women of all ages, backgrounds, and experiences join my classes.

I began working with Churchill Community High School through the education program that I was attending in La Ronge (NORTEP - Northern Teaching Education Program), which I have just graduated from this April 29th, and now have a Bachelor of Education degree. The school principal, Ken Gray, has been very supportive in offering me space and time to teach exercise programs as well as and swing/ ballroom dancing for the girls. We held a small dance presentation for the school at Christmas time. I also interned there for my B.Ed. this past fall.

It was through the other teaching I was already doing at the school that the school community coordinator, Wendy Dice, allowed me to begin teaching belly dancing at the school twice a week. I no longer teach the other dance classes but began teaching solely belly dancing these past two years. Wendy has offered me the most support and dedication than I have ever experienced. Because they are a community school, she can offer me a decent wage, teaching and prep times, while charging the attending members \$5.00 - \$10.00 per month to join along with free baby sitting. Their fees are collected and supplies are purchased from this. We have received over 30 new yoga and floor mats for both us and the school to use. This is a win-win situation for all. I receive my monthly pay and the dancers receive new yoga mats! She is now saving up for new dancing mirrors. This is excellent as the school is going to be renovated in the next few years to add an additional gym/stage and classrooms. The mirrors will help with the cheerleading, dance, and drama classes.

The school also provides free photocopying for any informational materials that I provide, and ensures our privacy during class by putting blinds on the windows. A new school recreational worker has been hired, Greg Jones, from the U.S.A., and has also provided excellent service and help.

The belly dancing scene is much more appreciated and accepted now. I have about 40 women/girls who joined in the beginning and have about 15 -20 regulars that attend. I have students as young as 11 up to several elders and seniors that attend. I have noticed a few teenagers have begun to join as well, as this is a hard and difficult age to get to participate. Often they are under lots of peer pressure to "fit in" amongst their peers. One high school girl joined who just moved here from Edmonton, and had eaten in a Greek restaurant and watching a dancer perform there. Others join because they have seen me perform at school functions. Others join through word of mouth. So what has contributed to this increase of belly dancing success in La Ronge?

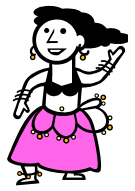
One factor is just "riding through the rough patches". Anything new needs time and public awareness in order to be fully accepted and appreciated. Don't expect new concepts and ideas to fully catch on the first year.

The second is cultural awareness. In the North, I've learned something called, "Northern Time". This means when class is at 7, it usually doesn't start until 7:10 or somewhere around there. The north is very relaxed and laid back. Don't push your students too far, too hard, or too strictly. At first I tried to run my classes like an old fashioned Russian ballet teacher. This only discouraged people as they use to the rigidness and regimented class structure.

**Continued on Page 12.....**



## Continued from Page 11... Update from the North- Bellydancing in La Ronge



I have now relaxed more, watched my classes more for student responses (tired, invigorated, frustrated, etc.) In fact, my classes get extremely chatty and a lot of visiting goes on. We get into full conversations about men, politics, dating, and money while doing figure 8's, or yoga's downward dogs. Most women do not want to be watched like a hawk, or criticized to perfection. Most women come for fitness and socializing! I was shocked at first to learn this. Most have no desire to perform or become the best or perfect dancer. Most come with their daughters, friends, and neighbors. They stroll in happy, groggy, giddy, and sometimes shy. They ask me about my recent date with some guy, they tell me about work, the young one's talk about school, and we all begin to stretch to "Cheb Mami" or whatever.

I realized that most of this is due to Aboriginal culture and attitudes. Traditionally, they have little or no social segregation (upper and lower classes) or competitive ideology as Westerns do. They are from close knit and often from large families, and everyone is valued and viewed as equals, and everything is shared equally. Everyone knows everyone and most are related. They do not want to be separated into "beginner, advanced, age, etc." They all want to come together, be with each other, all ages, and skill levels.

This actually works extremely well. The beginners are often taken under the wing of a more experienced dancer. There is little or no competition, and encouraging words are often used in class. Some women say that they always leave class very happy and exhilarated because there they say they do not feel judged or feel negative words. They finally get to laugh and be themselves.

So do they make every dance class? Sometimes. Do they arrive on time? Sometimes. Do we always get stuff done? Sometimes. Do we always dance hard? Sometimes. Do we always feel good afterwards? Yes!

That's the Northern way, and I'm enjoying it very much.

## BELLY DANCE WIND UP PARTY!



By Barb Bell

On Sunday June 11<sup>th</sup>, 2006 three of our Regina belly dance teachers joined forces and organized a year end windup potluck supper/dance show at the South Leisure Centre. From 5 pm to 8 pm, students of Barbara Tomporowski, Jeanne DeRosier and Tracy Bucko along with many of their friends and family members, gathered in the gym to enjoy a wonderful array of food followed by lively performances from the dancers. There was an amazing turnout, far more than expected.

For many of the dancers this was their debut at performing and they did extremely well. There were solo pieces performed by Jeanne and Barbara, and two duets one by Tracy and her daughter Catherine, and the other by Jeanne and her daughter Olivia. Barbara performed with her group of students, and three groups of Tracy's students performed with some dancing in more than one piece. The calibre was excellent and well rehearsed. Hats off to these new students who showed great enthusiasm and joy in their dancing and were very much appreciated by the audience. We shall look forward to watching your progress next year.

### **Continued from page 3... Review of the 2006 Arabian Fantasy Show by Tammy Austman**

Shaia appeared next, to the haunting mysterious music of the gypsy and truly displayed what Gypsy dance is all about. This group pulled it off ending this gypsy piece with the energy and passion that we all know them to display!

Aschera Rose, not a new comer at all to the stage. This classic dancer has grace, flair, and stage presence like no other. She keeps the audience entertained from beginning to end with her artistic flair and energy.

The Rhythm Chicks were very fun to watch. This synchronized group was inspirational for all. The selection of music choice was great and I am sure Jennilee would be proud!

Jeanne, another great classic dancer. Very high spirited, high energy with her amazing backbends and sensual accents. Does anyone know what this gal eats for breakfast?

I was expecting a traditional tribal piece from the Bedouin of the Red Tent. Was I surprised! This group offered a modern lively tribal indian fusion dance. They were fun to watch and their enjoyment of the dance shows in their expressions!

Mesmera once again wowed the crowd but this time with her more traditional cabaret piece. She was amazing to watch and her costume was the epitomy of a bellydance superstar. Glitzy, flamboyant and sexy. This is a dancer whose boundless energy and passion gives true inspiration to all dancers no matter what level.

All in all, this year's show was a bit shorter than past years but very entertaining. Very different, very upbeat, very inspiring!

### **CONTINUED FROM PAGE 4 Fundamental Skills in Oriental Dance: the Mesmera Workshop in Regina**

#### **Barbara Tomporowski**

The third class, which was called "Belly Dancing Geometry", was particularly useful for performers and choreographers because few instructors describe how to make the best use of space. Mesmera discussed this in terms of forming patterns as you travel, and making full use of the space around your body. In terms of moving around the stage, Mesmera commented on "fulfilling the geometric potential of a space" by making patterns as you travel. The more clearly defined the pattern, the more "legible" it is to the audience. For example, rather than limiting your traveling to moving forward and back or to either side, you could also use a diamond pattern.

In regards to the space around the body, Mesmera discussed the importance of using lateral (horizontal), vertical and diagonal movements. Several of her combinations emphasized diagonal movements such as the "arabesque pose", in which the dancer faces a diagonal corner of the stage and stands with one foot on the ball or toe, slightly ahead of the other. She also used some unusual lateral movements, such as swinging the hips from one side to the other while performing small pelvic drops, or sweeping both arms down and across from one side to the other with the wrists flexed in the same direction.

After an intensive weekend of learning these fundamental skills, the workshop ended with a class on gypsy dancing. Mesmera described how her gypsy style differs from the Oriental, and demonstrated jumps, skirt maneuvers and direction changes. Having worked on technique and combinations for several hours, it was an energizing way to end a busy workshop weekend.



## Prairie Nile Belly Dance Show Review

By Mea Cicansky

I recently attended the Prairie Nile Bellydance Show in Weyburn hosted by Charlotte Roettger. What a truly enjoyable evening!

The show took place at the Legion Hall which was beautifully decorated with white lights and tulle. The groups who performed were from Weyburn, Estevan and surrounding areas. We were treated to performances by “Corazon” & “Lalita Maya” from Estevan & Weyburn, “Yaz Gulleri” from Francis, “Southern Goddesses” from Kipling, the Estevan Intermediate class, “The Hips” who are a teen group from Creelman”, guests performers “Zarifah Dance Troupe” and “Aschera Rose” from Regina, and a lovely sword solo by Charlotte.

I was impressed by how well all of these ladies danced. All groups had very polished performances and simply stunning costumes. Even the beginner groups (one of which had only three months of lessons under their hip belts and who were brave enough to balance candles!) were extremely well prepared and performed very well.

The evening was well organized and the show ran smoothly. We also enjoyed some great snacks during intermission!

Congratulations Charlotte and students on your first show. I know how many countless hours of preparation go into practicing, sewing costumes and organizing everything from music to food to decorations. I thoroughly enjoyed both taking part as well as watching the performances. You did a wonderful job!

### Zarifah Dance Troupe Auditions



Zarifah Dance Troupe is looking for up to 4 new members.

Zarifah was formed in 1999 under the artistic direction of Aschera Rose. The group has an extensive repertoire from modern Egyptian Belly Dance, folkloric and theatrical interpretative pieces.



For more details contact Aschera Rose ( Beve Gardner) at:  
[thornrose@accesscomm.ca](mailto:thornrose@accesscomm.ca) or phone 543-9762.